

Republic of the Philippines  
PHILIPPINE STATISTICS AUTHORITY  
Quezon City

**Table 10 Regional Year-on-Year Inflation Rates of Selected Food Items, November and October 2015 and 2014  
(2006 = 100)**

AREA / REGION	BREAD AND CEREALS						RICE					
	2015		2014		Inflation Rates (%)		2015		2014		Inflation Rates (%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	170.2	170.3	172.9	173.1	-1.6	-1.6	173.5	173.9	177.8	178.0	-2.4	-2.3
<b>NCR- National Capital Region</b>	170.3	170.0	174.1	173.2	-2.2	-1.8	178.8	179.0	186.4	185.3	-4.1	-3.4
<b>Areas Outside NCR</b>	170.2	170.4	172.7	173.1	-1.4	-1.6	172.8	173.2	176.7	177.1	-2.2	-2.2
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	152.1	151.9	151.0	150.9	0.7	0.7	148.0	147.7	146.9	146.8	0.7	0.6
<b>I - Ilocos Region</b>	155.0	156.5	162.8	163.6	-4.8	-4.3	158.5	160.3	169.2	170.3	-6.3	-5.9
<b>II - Cagayan Valley</b>	173.6	173.4	171.9	170.7	1.0	1.6	180.0	179.6	178.8	177.3	0.7	1.3
<b>III - Central Luzon</b>	180.1	180.2	181.7	181.9	-0.9	-0.9	188.7	189.0	190.8	190.8	-1.1	-0.9
<b>IV-A - CALABARZON</b>	179.8	179.5	180.5	181.8	-0.4	-1.3	187.7	187.4	189.2	190.6	-0.8	-1.7
<b>IV-B - MIMAROPA</b>	169.0	169.8	178.1	178.4	-5.1	-4.8	172.0	173.1	183.0	183.4	-6.0	-5.6
<b>V - Bicol Region</b>	170.3	172.1	183.0	181.7	-6.9	-5.3	170.2	172.8	187.6	186.1	-9.3	-7.1
<b>VI - Western Visayas</b>	162.7	162.8	164.2	164.0	-0.9	-0.7	163.5	163.8	166.2	166.0	-1.6	-1.3
<b>VII - Central Visayas</b>	154.3	153.4	155.9	156.4	-1.0	-1.9	145.5	144.8	148.6	149.4	-2.1	-3.1
<b>VIII - Eastern Visayas</b>	182.5	182.3	182.5	181.9	0.0	0.2	184.0	183.8	185.0	184.5	-0.5	-0.4
<b>IX - Zamboanga Peninsula</b>	164.7	164.8	164.2	165.4	0.3	-0.4	158.0	159.1	155.7	157.2	1.5	1.2
<b>X - Northern Mindanao</b>	176.1	176.3	180.9	182.7	-2.7	-3.5	178.7	178.4	184.9	185.9	-3.4	-4.0
<b>XI - Davao Region</b>	170.5	170.7	169.7	169.9	0.5	0.5	170.1	170.4	171.9	172.3	-1.0	-1.1
<b>XII - SOCCSKSARGEN</b>	166.6	168.2	171.0	174.1	-2.6	-3.4	169.8	171.6	175.5	179.4	-3.2	-4.3
<b>XIII - Caraga</b>	164.7	165.2	169.4	168.5	-2.8	-2.0	164.5	165.1	170.0	168.7	-3.2	-2.1
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	172.2	172.1	167.6	167.1	2.7	3.0	177.4	177.3	172.7	172.2	2.7	3.0

Table 10--Continued

AREA / REGION	CORN						OTHER CEREALS, FLOUR, CEREAL PREPARATION, BREAD, PASTA AND OTHER BAKERY PRODUCTS					
	2015		2014		Inflation Rates (%)		2015		2014		Inflation Rates (%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	177.3	175.9	177.3	178.4	0.0	-1.4	158.3	158.1	156.5	156.6	1.2	1.0
<b>NCR- National Capital Region</b>	234.6	199.4	197.2	188.3	19.0	5.9	153.9	153.9	152.7	152.3	0.8	1.1
<b>Areas Outside NCR</b>	175.4	175.1	176.6	178.1	-0.7	-1.7	159.5	159.2	157.5	157.7	1.3	1.0
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	159.2	159.2	158.4	157.6	0.5	1.0	166.3	165.9	164.9	164.9	0.8	0.6
<b>I - Ilocos Region</b>	176.6	176.3	174.4	173.8	1.3	1.4	140.0	139.9	136.1	136.0	2.9	2.9
<b>II - Cagayan Valley</b>	133.7	133.6	130.4	131.0	2.5	2.0	154.0	153.9	149.9	149.9	2.7	2.7
<b>III - Central Luzon</b>	118.4	116.7	112.7	115.1	5.1	1.4	157.3	157.3	157.9	158.8	-0.4	-0.9
<b>IV-A - CALABARZON</b>	183.6	173.6	175.7	175.5	4.5	-1.1	160.5	160.5	159.3	160.4	0.8	0.1
<b>IV-B - MIMAROPA</b>	190.9	190.7	184.2	185.3	3.6	2.9	150.9	150.6	149.8	149.7	0.7	0.6
<b>V - Bicol Region</b>	206.8	208.0	214.1	213.9	-3.4	-2.8	166.8	166.4	164.8	164.6	1.2	1.1
<b>VI - Western Visayas</b>	176.0	175.7	171.2	171.3	2.8	2.6	157.8	157.0	154.9	154.9	1.9	1.4
<b>VII - Central Visayas</b>	179.8	177.8	180.2	180.4	-0.2	-1.4	155.1	154.6	153.1	152.9	1.3	1.1
<b>VIII - Eastern Visayas</b>	170.6	169.7	159.1	158.2	7.2	7.3	176.9	176.8	172.9	172.4	2.3	2.6
<b>IX - Zamboanga Peninsula</b>	167.6	166.8	174.1	175.3	-3.7	-4.8	185.9	183.5	181.7	181.5	2.3	1.1
<b>X - Northern Mindanao</b>	176.3	179.1	183.6	189.5	-4.0	-5.5	166.2	165.6	163.4	163.4	1.7	1.3
<b>XI - Davao Region</b>	182.7	183.3	174.6	174.9	4.6	4.8	164.2	163.6	158.3	157.6	3.7	3.8
<b>XII - SOCCSKSARGEN</b>	163.3	166.5	164.0	166.4	-0.4	0.1	152.1	152.0	150.7	150.2	0.9	1.2
<b>XIII - Caraga</b>	195.8	196.5	202.3	202.9	-3.2	-3.2	151.3	151.2	150.8	150.8	0.3	0.3
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	173.0	170.7	159.1	159.5	8.7	7.0	149.9	149.8	146.4	145.8	2.4	2.7

Table 10--Continued

AREA / REGION	MEAT						FISH					
	2015		2014		Inflation Rates (%)		2015		2014		Inflation Rates (%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	139.0	138.8	137.8	137.9	0.9	0.7	164.8	162.8	159.0	158.0	3.6	3.0
<b>NCR- National Capital Region</b>	139.3	139.0	136.3	136.4	2.2	1.9	141.3	139.8	140.2	140.6	0.8	-0.6
<b>Areas Outside NCR</b>	138.9	138.8	138.2	138.3	0.5	0.4	169.1	167.0	162.5	161.2	4.1	3.6
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	133.0	133.3	134.4	134.4	-1.0	-0.8	165.6	164.2	162.7	162.9	1.8	0.8
<b>I - Ilocos Region</b>	132.8	133.1	133.6	133.4	-0.6	-0.2	163.2	161.6	154.3	151.7	5.8	6.5
<b>II - Cagayan Valley</b>	139.0	139.0	140.1	140.2	-0.8	-0.9	160.1	158.2	152.4	152.1	5.1	4.0
<b>III - Central Luzon</b>	139.7	139.3	136.8	137.5	2.1	1.3	144.8	142.9	139.1	137.8	4.1	3.7
<b>IV-A - CALABARZON</b>	134.4	135.1	135.8	136.6	-1.0	-1.1	156.1	154.1	152.2	151.5	2.6	1.7
<b>IV-B - MIMAROPA</b>	144.4	144.1	142.8	142.7	1.1	1.0	174.6	171.3	157.6	156.8	10.8	9.2
<b>V - Bicol Region</b>	138.9	138.6	138.8	138.7	0.1	-0.1	166.0	164.9	163.9	162.2	1.3	1.7
<b>VI - Western Visayas</b>	140.1	140.2	138.7	138.0	1.0	1.6	187.4	186.4	171.1	169.7	9.5	9.8
<b>VII - Central Visayas</b>	145.8	144.3	142.6	141.5	2.2	2.0	179.8	173.7	178.3	175.8	0.8	-1.2
<b>VIII - Eastern Visayas</b>	140.6	140.4	141.2	140.9	-0.4	-0.4	184.2	182.8	178.1	177.5	3.4	3.0
<b>IX - Zamboanga Peninsula</b>	139.0	139.0	136.5	136.0	1.8	2.2	166.5	163.7	164.7	162.0	1.1	1.0
<b>X - Northern Mindanao</b>	137.7	137.4	137.9	138.0	-0.1	-0.4	171.7	170.5	166.6	167.2	3.1	2.0
<b>XI - Davao Region</b>	145.3	144.8	143.1	142.4	1.5	1.7	183.9	180.6	178.7	177.6	2.9	1.7
<b>XII - SOCCSKSARGEN</b>	144.3	144.3	143.3	142.8	0.7	1.1	180.3	181.1	167.3	165.5	7.8	9.4
<b>XIII - Caraga</b>	142.8	142.8	141.9	141.9	0.6	0.6	190.6	188.4	170.9	170.1	11.5	10.8
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	161.8	161.9	158.3	157.7	2.2	2.7	193.8	193.6	189.4	188.4	2.3	2.8

Table 10--Continued

AREA / REGION	MILK, CHEESE AND EGG						OILS AND FATS					
	2015		2014		Inflation Rates (%)		2015		2014		Inflation Rates (%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	143.2	143.0	141.5	141.1	1.2	1.3	178.5	178.4	178.7	179.5	-0.1	-0.6
<b>NCR- National Capital Region</b>	140.3	140.3	140.1	140.1	0.1	0.1	197.5	197.6	196.7	196.6	0.4	0.5
<b>Areas Outside NCR</b>	144.0	143.7	141.9	141.3	1.5	1.7	174.1	173.9	174.5	175.5	-0.2	-0.9
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	135.5	134.8	132.9	132.8	2.0	1.5	180.1	180.0	177.4	177.4	1.5	1.5
<b>I - Ilocos Region</b>	139.4	139.1	137.3	137.3	1.5	1.3	155.3	155.3	154.8	154.7	0.3	0.4
<b>II - Cagayan Valley</b>	140.6	140.8	138.5	136.7	1.5	3.0	152.0	151.6	151.6	151.6	0.3	0.0
<b>III - Central Luzon</b>	139.8	139.7	137.8	137.0	1.5	2.0	172.6	172.9	175.0	177.2	-1.4	-2.4
<b>IV-A - CALABARZON</b>	144.3	144.5	142.8	142.2	1.1	1.6	188.6	188.1	188.6	192.0	0.0	-2.0
<b>IV-B - MIMAROPA</b>	149.5	149.2	147.7	147.4	1.2	1.2	185.0	184.8	185.8	186.1	-0.4	-0.7
<b>V - Bicol Region</b>	143.2	142.8	141.3	141.1	1.3	1.2	166.6	166.5	164.0	163.9	1.6	1.6
<b>VI - Western Visayas</b>	141.2	141.0	139.6	139.5	1.1	1.1	166.1	166.5	169.7	170.1	-2.1	-2.1
<b>VII - Central Visayas</b>	149.9	149.7	147.9	146.3	1.4	2.3	173.4	173.0	172.4	171.0	0.6	1.2
<b>VIII - Eastern Visayas</b>	142.6	142.6	142.1	141.8	0.4	0.6	188.7	187.7	189.6	189.2	-0.5	-0.8
<b>IX - Zamboanga Peninsula</b>	156.4	154.5	154.5	154.6	1.2	-0.1	171.2	171.0	173.7	174.1	-1.4	-1.8
<b>X - Northern Mindanao</b>	146.6	146.4	144.0	144.0	1.8	1.7	153.5	153.4	156.7	156.7	-2.0	-2.1
<b>XI - Davao Region</b>	147.3	146.0	142.5	142.2	3.4	2.7	194.3	193.7	193.1	193.0	0.6	0.4
<b>XII - SOCCSKSARGEN</b>	138.8	138.2	137.5	137.1	0.9	0.8	154.6	154.5	154.0	152.7	0.4	1.2
<b>XIII - Caraga</b>	148.6	148.0	143.1	143.2	3.8	3.4	177.0	176.4	177.4	177.3	-0.2	-0.5
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	165.2	164.6	159.7	159.5	3.4	3.2	175.5	175.1	169.6	169.5	3.5	3.3

Table 10--Continued

AREA / REGION	FRUITS						VEGETABLES					
	2015		2014		Inflation Rates (%)		2015		2014		Inflation Rates (%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	175.7	174.1	169.6	168.2	3.6	3.5	180.4	166.4	161.0	161.3	12.0	3.2
<b>NCR- National Capital Region</b>	157.4	156.4	150.8	150.1	4.4	4.2	169.5	153.6	135.8	141.4	24.8	8.6
<b>Areas Outside NCR</b>	180.8	179.0	174.8	173.2	3.4	3.3	182.8	169.2	166.5	165.6	9.8	2.2
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	201.5	201.4	187.6	184.6	7.4	9.1	183.6	171.2	173.6	171.9	5.8	-0.4
<b>I - Ilocos Region</b>	169.3	166.3	160.9	156.4	5.2	6.3	182.7	153.0	155.8	153.4	17.3	-0.3
<b>II - Cagayan Valley</b>	183.2	184.1	174.3	174.0	5.1	5.8	198.8	185.2	178.7	177.9	11.2	4.1
<b>III - Central Luzon</b>	163.3	161.8	159.1	158.4	2.6	2.1	174.8	145.4	140.7	138.7	24.2	4.8
<b>IV-A - CALABARZON</b>	191.4	188.7	188.3	186.1	1.6	1.4	180.4	157.9	154.4	153.2	16.8	3.1
<b>IV-B - MIMAROPA</b>	165.1	164.6	165.5	164.8	-0.2	-0.1	182.2	176.2	164.8	168.6	10.6	4.5
<b>V - Bicol Region</b>	163.6	162.5	162.3	161.7	0.8	0.5	200.4	186.7	180.4	180.6	11.1	3.4
<b>VI - Western Visayas</b>	195.1	197.4	183.4	183.5	6.4	7.6	184.6	180.0	181.2	179.5	1.9	0.3
<b>VII - Central Visayas</b>	183.3	178.2	171.8	168.1	6.7	6.0	169.2	165.3	169.2	170.4	0.0	-3.0
<b>VIII - Eastern Visayas</b>	184.5	181.4	175.2	173.4	5.3	4.6	176.0	174.9	176.0	175.3	0.0	-0.2
<b>IX - Zamboanga Peninsula</b>	209.4	208.3	207.6	209.1	0.9	-0.4	191.8	192.1	198.0	197.6	-3.1	-2.8
<b>X - Northern Mindanao</b>	167.4	166.7	156.6	157.2	6.9	6.0	187.7	186.7	176.3	176.1	6.5	6.0
<b>XI - Davao Region</b>	175.1	174.0	186.7	183.6	-6.2	-5.2	193.8	188.6	195.5	194.4	-0.9	-3.0
<b>XII - SOCCSKSARGEN</b>	154.4	151.5	151.6	148.8	1.8	1.8	154.2	151.1	149.7	149.0	3.0	1.4
<b>XIII - Caraga</b>	174.9	172.5	164.9	164.9	6.1	4.6	202.4	201.6	176.5	175.7	14.7	14.7
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	250.8	247.8	228.6	226.5	9.7	9.4	192.0	191.8	179.5	178.5	7.0	7.5

Table 10--Concluded

AREA / REGION	SUGAR, JAM, HONEY, CHOCOLATE AND CONFECTIONERY						FOOD PRODUCTS, N.E.C.					
	2015		2014		Inflation Rates (%)		2015		2014		Inflation Rates (%)	
	Nov	Oct	Nov	Oct	Current	Previous	Nov	Oct	Nov	Oct	Current	Previous
<b>Philippines</b>	140.1	139.6	134.9	135.4	3.9	3.1	161.4	161.8	157.0	157.1	2.8	3.0
<b>NCR- National Capital Region</b>	126.6	126.7	124.0	124.0	2.1	2.2	147.2	146.8	147.4	148.2	-0.1	-0.9
<b>Areas Outside NCR</b>	142.5	141.9	136.8	137.5	4.2	3.2	164.7	165.3	159.2	159.2	3.5	3.8
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	134.6	134.2	133.3	133.2	1.0	0.8	174.7	173.4	177.6	175.7	-1.6	-1.3
<b>I - Ilocos Region</b>	139.5	139.6	132.5	133.0	5.3	5.0	141.8	140.4	137.7	139.9	3.0	0.4
<b>II - Cagayan Valley</b>	139.6	138.9	133.8	135.3	4.3	2.7	163.5	162.3	157.3	157.9	3.9	2.8
<b>III - Central Luzon</b>	141.4	140.8	136.8	137.8	3.4	2.2	175.4	173.6	171.2	173.3	2.5	0.2
<b>IV-A - CALABARZON</b>	145.5	144.2	139.1	140.9	4.6	2.3	155.6	157.5	151.5	147.7	2.7	6.6
<b>IV-B - MIMAROPA</b>	137.2	137.2	129.2	131.8	6.2	4.1	138.4	136.7	133.3	133.0	3.8	2.8
<b>V - Bicol Region</b>	137.8	137.6	131.3	131.3	5.0	4.8	177.3	178.7	163.3	165.1	8.6	8.2
<b>VI - Western Visayas</b>	133.7	133.9	131.7	131.8	1.5	1.6	160.0	163.0	149.3	148.6	7.2	9.7
<b>VII - Central Visayas</b>	143.4	143.0	138.2	138.8	3.8	3.0	157.9	159.0	155.5	155.2	1.5	2.4
<b>VIII - Eastern Visayas</b>	146.4	145.4	142.2	143.0	3.0	1.7	161.7	161.9	151.6	151.9	6.7	6.6
<b>IX - Zamboanga Peninsula</b>	136.1	134.8	131.9	131.8	3.2	2.3	176.3	181.0	178.5	180.8	-1.2	0.1
<b>X - Northern Mindanao</b>	138.7	139.0	136.9	136.9	1.3	1.5	215.3	217.2	211.3	211.3	1.9	2.8
<b>XI - Davao Region</b>	146.0	144.8	135.3	134.8	7.9	7.4	158.3	158.4	149.7	149.9	5.7	5.7
<b>XII - SOCCSKSARGEN</b>	135.9	135.3	130.9	130.1	3.8	4.0	152.9	154.8	149.1	149.6	2.5	3.5
<b>XIII - Caraga</b>	138.8	138.7	131.9	131.7	5.2	5.3	170.5	174.3	168.2	167.6	1.4	4.0
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	181.6	180.7	168.3	168.0	7.9	7.6	172.6	174.4	163.2	164.4	5.8	6.1