

Republic of the Philippines  
PHILIPPINE STATISTICS AUTHORITY  
Quezon City

**Table 9 Regional Month-on-Month Inflation Rates of Selected Food Items, December and November 2015  
(2006 = 100)**

AREA / REGION	BREAD AND CEREALS				RICE				CORN			
	Dec	Nov	% Change		Dec	Nov	% Change		Dec	Nov	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	170.0	170.2	-0.1	-0.1	173.2	173.5	-0.2	-0.2	176.7	177.3	-0.3	0.8
<b>NCR- National Capital Region</b>	171.0	170.3	0.4	0.2	179.8	178.8	0.6	-0.1	241.5	234.6	2.9	17.7
<b>Areas Outside NCR</b>	169.9	170.2	-0.2	-0.1	172.4	172.8	-0.2	-0.2	174.6	175.4	-0.5	0.2
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	152.4	152.1	0.2	0.1	148.2	148.0	0.1	0.2	159.5	159.2	0.2	0.0
<b>I - Ilocos Region</b>	155.2	155.0	0.1	-1.0	158.7	158.5	0.1	-1.1	176.8	176.6	0.1	0.2
<b>II - Cagayan Valley</b>	173.8	173.6	0.1	0.1	179.9	180.0	-0.1	0.2	133.6	133.7	-0.1	0.1
<b>III - Central Luzon</b>	180.1	180.1	0.0	-0.1	189.0	188.7	0.2	-0.2	121.2	118.4	2.4	1.5
<b>IV-A - CALABARZON</b>	179.5	179.8	-0.2	0.2	187.4	187.7	-0.2	0.2	189.0	183.6	2.9	5.8
<b>IV-B - MIMAROPA</b>	168.3	169.0	-0.4	-0.5	171.1	172.0	-0.5	-0.6	191.3	190.9	0.2	0.1
<b>V - Bicol Region</b>	168.6	170.3	-1.0	-1.0	167.7	170.2	-1.5	-1.5	211.1	206.8	2.1	-0.6
<b>VI - Western Visayas</b>	162.4	162.7	-0.2	-0.1	162.9	163.5	-0.4	-0.2	179.1	176.0	1.8	0.2
<b>VII - Central Visayas</b>	154.2	154.3	-0.1	0.6	145.1	145.5	-0.3	0.5	179.9	179.8	0.1	1.1
<b>VIII - Eastern Visayas</b>	181.8	182.5	-0.4	0.1	183.1	184.0	-0.5	0.1	171.1	170.6	0.3	0.5
<b>IX - Zamboanga Peninsula</b>	163.4	164.7	-0.8	-0.1	156.6	158.0	-0.9	-0.7	165.4	167.6	-1.3	0.5
<b>X - Northern Mindanao</b>	175.1	176.1	-0.6	-0.1	177.8	178.7	-0.5	0.2	174.7	176.3	-0.9	-1.6
<b>XI - Davao Region</b>	171.4	170.5	0.5	-0.1	171.8	170.1	1.0	-0.2	179.6	182.7	-1.7	-0.3
<b>XII - SOCCSKSARGEN</b>	166.2	166.6	-0.2	-1.0	169.4	169.8	-0.2	-1.0	158.4	163.3	-3.0	-1.9
<b>XIII - Caraga</b>	165.1	164.7	0.2	-0.3	164.9	164.5	0.2	-0.4	196.3	195.8	0.3	-0.4
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	172.1	172.2	-0.1	0.1	177.3	177.4	-0.1	0.1	173.0	173.0	0.0	1.3

Table 9--Continued

AREA / REGION	OTHER CEREALS, FLOUR, CEREAL PREPARATION, BREAD, PASTA AND OTHER BAKERY PRODUCTS				MEAT				FISH			
	Dec	Nov	% Change		Dec	Nov	% Change		Dec	Nov	% Change	
			Current	Previous			Current	Previous			Current	Previous
Philippines	158.3	158.3	0.0	0.1	139.1	139.0	0.1	0.1	166.1	164.8	0.8	1.2
NCR- National Capital Region	153.9	153.9	0.0	0.0	139.6	139.3	0.2	0.2	144.3	141.3	2.1	1.1
Areas Outside NCR	159.5	159.5	0.0	0.2	139.0	138.9	0.1	0.1	170.1	169.1	0.6	1.3
Regions:												
CAR - Cordillera Administrative Region	166.6	166.3	0.2	0.2	133.2	133.0	0.2	-0.2	166.3	165.6	0.4	0.9
I - Ilocos Region	140.1	140.0	0.1	0.1	132.6	132.8	-0.2	-0.2	166.7	163.2	2.1	1.0
II - Cagayan Valley	154.4	154.0	0.3	0.1	139.2	139.0	0.1	0.0	161.8	160.1	1.1	1.2
III - Central Luzon	156.6	157.3	-0.4	0.0	139.6	139.7	-0.1	0.3	146.5	144.8	1.2	1.3
IV-A - CALABARZON	159.8	160.5	-0.4	0.0	134.7	134.4	0.2	-0.5	159.7	156.1	2.3	1.3
IV-B - MIMAROPA	151.2	150.9	0.2	0.2	144.4	144.4	0.0	0.2	175.5	174.6	0.5	1.9
V - Bicol Region	167.4	166.8	0.4	0.2	139.0	138.9	0.1	0.2	163.6	166.0	-1.4	0.7
VI - Western Visayas	157.8	157.8	0.0	0.5	140.3	140.1	0.1	-0.1	187.2	187.4	-0.1	0.5
VII - Central Visayas	155.7	155.1	0.4	0.3	146.2	145.8	0.3	1.0	178.8	179.8	-0.6	3.5
VIII - Eastern Visayas	176.9	176.9	0.0	0.1	140.9	140.6	0.2	0.1	184.2	184.2	0.0	0.8
IX - Zamboanga Peninsula	186.1	185.9	0.1	1.3	138.4	139.0	-0.4	0.0	168.7	166.5	1.3	1.7
X - Northern Mindanao	166.2	166.2	0.0	0.4	137.7	137.7	0.0	0.2	170.9	171.7	-0.5	0.7
XI - Davao Region	164.5	164.2	0.2	0.4	145.5	145.3	0.1	0.3	183.1	183.9	-0.4	1.8
XII - SOCCSKSARGEN	153.0	152.1	0.6	0.1	144.5	144.3	0.1	0.0	181.7	180.3	0.8	-0.4
XIII - Caraga	151.6	151.3	0.2	0.1	143.3	142.8	0.4	0.0	193.2	190.6	1.4	1.2
ARMM - Autonomous Region in Muslim Mindanao	150.0	149.9	0.1	0.1	162.1	161.8	0.2	-0.1	193.7	193.8	-0.1	0.1

Table 9--Continued

AREA / REGION	MILK, CHEESE AND EGG				OILS AND FATS				FRUITS			
	Dec	Nov	% Change		Dec	Nov	% Change		Dec	Nov	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	143.5	143.2	0.2	0.1	178.8	178.5	0.2	0.1	176.6	175.7	0.5	0.9
<b>NCR- National Capital Region</b>	140.2	140.3	-0.1	0.0	197.5	197.5	0.0	-0.1	157.3	157.4	-0.1	0.6
<b>Areas Outside NCR</b>	144.3	144.0	0.2	0.2	174.5	174.1	0.2	0.1	182.0	180.8	0.7	1.0
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	136.1	135.5	0.4	0.5	180.3	180.1	0.1	0.1	204.6	201.5	1.5	0.0
<b>I - Ilocos Region</b>	139.9	139.4	0.4	0.2	155.3	155.3	0.0	0.0	170.9	169.3	0.9	1.8
<b>II - Cagayan Valley</b>	140.8	140.6	0.1	-0.1	151.9	152.0	-0.1	0.3	185.1	183.2	1.0	-0.5
<b>III - Central Luzon</b>	140.3	139.8	0.4	0.1	172.9	172.6	0.2	-0.2	165.8	163.3	1.5	0.9
<b>IV-A - CALABARZON</b>	144.3	144.3	0.0	-0.1	189.4	188.6	0.4	0.3	191.5	191.4	0.1	1.4
<b>IV-B - MIMAROPA</b>	149.5	149.5	0.0	0.2	185.0	185.0	0.0	0.1	165.8	165.1	0.4	0.3
<b>V - Bicol Region</b>	143.2	143.2	0.0	0.3	166.8	166.6	0.1	0.1	166.3	163.6	1.7	0.7
<b>VI - Western Visayas</b>	141.3	141.2	0.1	0.1	165.8	166.1	-0.2	-0.2	196.6	195.1	0.8	-1.2
<b>VII - Central Visayas</b>	151.0	149.9	0.7	0.1	173.9	173.4	0.3	0.2	180.5	183.3	-1.5	2.9
<b>VIII - Eastern Visayas</b>	142.6	142.6	0.0	0.0	188.9	188.7	0.1	0.5	187.7	184.5	1.7	1.7
<b>IX - Zamboanga Peninsula</b>	157.0	156.4	0.4	1.2	171.9	171.2	0.4	0.1	210.9	209.4	0.7	0.5
<b>X - Northern Mindanao</b>	146.6	146.6	0.0	0.1	153.5	153.5	0.0	0.1	168.8	167.4	0.8	0.4
<b>XI - Davao Region</b>	148.3	147.3	0.7	0.9	195.7	194.3	0.7	0.3	177.7	175.1	1.5	0.6
<b>XII - SOCCSKSARGEN</b>	139.2	138.8	0.3	0.4	155.6	154.6	0.6	0.1	156.0	154.4	1.0	1.9
<b>XIII - Caraga</b>	149.2	148.6	0.4	0.4	177.1	177.0	0.1	0.3	172.6	174.9	-1.3	1.4
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	165.2	165.2	0.0	0.4	175.5	175.5	0.0	0.2	251.3	250.8	0.2	1.2

Table 9--Concluded

AREA / REGION	VEGETABLES				SUGAR, JAM, HONEY, CHOCOLATE AND CONFECTIONERY				FOOD PRODUCTS, N.E.C.			
	Dec	Nov	% Change		Dec	Nov	% Change		Dec	Nov	% Change	
			Current	Previous			Current	Previous			Current	Previous
<b>Philippines</b>	177.5	180.4	-1.6	2.9	140.7	140.1	0.4	0.4	160.1	161.4	-0.8	-0.2
<b>NCR- National Capital Region</b>	161.3	169.5	-4.8	10.4	126.8	126.6	0.2	-0.1	146.4	147.2	-0.5	0.3
<b>Areas Outside NCR</b>	181.1	182.8	-0.9	8.0	143.2	142.5	0.5	0.4	163.3	164.7	-0.9	-0.4
<b>Regions:</b>												
<b>CAR - Cordillera Administrative Region</b>	180.5	183.6	-1.7	7.2	134.8	134.6	0.1	0.3	173.9	174.7	-0.5	0.7
<b>I - Ilocos Region</b>	175.1	182.7	-4.2	19.4	140.2	139.5	0.5	-0.1	140.5	141.8	-0.9	1.0
<b>II - Cagayan Valley</b>	192.6	198.8	-3.1	7.3	139.6	139.6	0.0	0.5	157.1	163.5	-3.9	0.7
<b>III - Central Luzon</b>	166.5	174.8	-4.7	20.2	142.1	141.4	0.5	0.4	171.9	175.4	-2.0	1.0
<b>IV-A - CALABARZON</b>	177.4	180.4	-1.7	14.2	146.7	145.5	0.8	0.9	156.8	155.6	0.8	-1.2
<b>IV-B - MIMAROPA</b>	182.3	182.2	0.1	3.4	137.8	137.2	0.4	0.0	139.7	138.4	0.9	1.2
<b>V - Bicol Region</b>	196.2	200.4	-2.1	7.3	138.2	137.8	0.3	0.1	170.0	177.3	-4.1	-0.8
<b>VI - Western Visayas</b>	188.9	184.6	2.3	2.6	134.1	133.7	0.3	-0.1	158.7	160.0	-0.8	-1.8
<b>VII - Central Visayas</b>	170.6	169.2	0.8	2.4	144.7	143.4	0.9	0.3	156.9	157.9	-0.6	-0.7
<b>VIII - Eastern Visayas</b>	177.3	176.0	0.7	0.6	147.3	146.4	0.6	0.7	160.6	161.7	-0.7	-0.1
<b>IX - Zamboanga Peninsula</b>	194.2	191.8	1.3	-0.2	136.2	136.1	0.1	1.0	176.8	176.3	0.3	-2.6
<b>X - Northern Mindanao</b>	187.3	187.7	-0.2	0.5	139.2	138.7	0.4	-0.2	213.7	215.3	-0.7	-0.9
<b>XI - Davao Region</b>	200.3	193.8	3.4	2.8	147.3	146.0	0.9	0.8	158.8	158.3	0.3	-0.1
<b>XII - SOCCSKSARGEN</b>	158.2	154.2	2.6	2.1	136.2	135.9	0.2	0.4	154.3	152.9	0.9	-1.2
<b>XIII - Caraga</b>	210.4	202.4	4.0	0.4	139.7	138.8	0.6	0.1	170.3	170.5	-0.1	-2.2
<b>ARMM - Autonomous Region in Muslim Mindanao</b>	191.5	192.0	-0.3	0.1	181.6	181.6	0.0	0.5	173.0	172.6	0.2	-1.0