

Republic of the Philippines
PHILIPPINE STATISTICS AUTHORITY
Quezon City

**Table 10 Regional Year-on-Year Inflation Rates of Selected Food Items, January 2016 and 2015, December 2015 and 2014
(2006 = 100)**

AREA / REGION	BREAD AND CEREALS						RICE					
	Jan-16	Dec-15	Jan-15	Dec-14	Inflation Rates (%)		Jan-16	Dec-15	Jan-15	Dec-14	Inflation Rates (%)	
					Current	Previous					Current	Previous
Philippines	169.9	170.0	172.5	172.9	-1.5	-1.7	173.0	173.2	177.3	177.8	-2.4	-2.6
NCR- National Capital Region	170.0	171.0	173.0	174.6	-1.7	-2.1	178.1	179.8	184.5	187.1	-3.5	-3.9
Areas Outside NCR	169.9	169.9	172.4	172.6	-1.5	-1.6	172.4	172.4	176.4	176.6	-2.3	-2.4
Regions:												
CAR - Cordillera Administrative Region	152.4	152.4	151.2	151.0	0.8	0.9	148.6	148.2	147.1	146.9	1.0	0.9
I - Ilocos Region	155.4	155.2	162.1	162.8	-4.1	-4.7	158.9	158.7	168.3	169.2	-5.6	-6.2
II - Cagayan Valley	173.4	173.8	171.4	171.8	1.2	1.2	179.4	179.9	178.0	178.7	0.8	0.7
III - Central Luzon	180.2	180.1	181.9	182.1	-0.9	-1.1	189.1	189.0	191.3	191.4	-1.2	-1.3
IV-A - CALABARZON	179.2	179.5	181.7	181.1	-1.4	-0.9	186.8	187.4	190.7	189.9	-2.0	-1.3
IV-B - MIMAROPA	168.1	168.3	175.8	177.2	-4.4	-5.0	170.8	171.1	180.3	182.0	-5.3	-6.0
V - Bicol Region	168.9	168.6	181.7	182.0	-7.0	-7.4	168.0	167.7	186.2	186.6	-9.8	-10.1
VI - Western Visayas ^{a/}	165.3	165.6	166.8	167.6	-0.9	-1.2	165.5	166.0	167.7	168.8	-1.3	-1.7
VII - Central Visayas ^{b/}	153.5	152.7	153.1	153.4	0.3	-0.5	144.6	143.4	145.2	145.6	-0.4	-1.5
VIII - Eastern Visayas	180.9	181.8	183.9	183.6	-1.6	-1.0	182.0	183.1	186.2	186.1	-2.3	-1.6
IX - Zamboanga Peninsula	163.2	163.4	164.4	164.3	-0.7	-0.5	156.7	156.6	156.5	156.1	0.1	0.3
X - Northern Mindanao	175.4	175.1	178.5	178.8	-1.7	-2.1	178.0	177.8	182.8	183.0	-2.6	-2.8
XI - Davao Region	172.0	171.4	170.3	170.0	1.0	0.8	173.0	171.8	172.8	172.5	0.1	-0.4
XII - SOCCSKSARGEN	165.8	166.2	169.2	171.0	-2.0	-2.8	169.0	169.4	173.5	175.5	-2.6	-3.5
XIII - Caraga	165.3	165.1	170.0	168.9	-2.8	-2.2	165.4	164.9	170.8	169.5	-3.2	-2.7
ARMM - Autonomous Region in Muslim Mindanao	172.5	172.1	167.8	167.6	2.8	2.7	177.6	177.3	172.9	172.8	2.7	2.6
NIR - Negros Island Region ^{c/}	158.3	158.1	158.4	159.3	-0.1	-0.8	156.6	156.5	157.8	159.2	-0.8	-1.7

a/ - Excludes the province of Negros Occidental

b/ - Excludes the province of Negros Oriental

c/ - Consists of provinces of Negros Occidental and Negros Oriental

Table 10--Continued

AREA / REGION	CORN						OTHER CEREALS, FLOUR, CEREAL PREPARATION, BREAD, PASTA AND OTHER BAKERY PRODUCTS					
	Jan-16	Dec-15	Jan-15	Dec-14	Inflation Rates (%)		Jan-16	Dec-15	Jan-15	Dec-14	Inflation Rates (%)	
					Current	Previous					Current	Previous
Philippines	176.6	176.7	175.1	176.0	0.9	0.4	158.6	158.3	156.9	156.7	1.1	1.0
NCR- National Capital Region	242.3	241.5	199.0	201.8	21.8	19.7	154.0	153.9	153.0	152.8	0.7	0.7
Areas Outside NCR	174.4	174.6	174.3	175.2	0.1	-0.3	159.8	159.5	158.0	157.8	1.1	1.1
Regions:												
CAR - Cordillera Administrative Region	168.0	159.5	157.4	157.1	6.7	1.5	165.1	166.6	165.2	165.1	-0.1	0.9
I - Ilocos Region	176.8	176.8	173.2	173.1	2.1	2.1	140.3	140.1	136.4	136.2	2.9	2.9
II - Cagayan Valley	133.3	133.6	134.7	130.1	-1.0	2.7	154.7	154.4	150.1	150.0	3.1	2.9
III - Central Luzon	121.9	121.2	118.4	113.3	3.0	7.0	156.7	156.6	156.9	158.0	-0.1	-0.9
IV-A - CALABARZON	195.6	189.0	177.9	175.4	9.9	7.8	160.3	159.8	160.0	159.7	0.2	0.1
IV-B - MIMAROPA	191.6	191.3	187.8	184.8	2.0	3.5	151.4	151.2	149.8	149.8	1.1	0.9
V - Bicol Region	212.3	211.1	202.0	206.6	5.1	2.2	167.5	167.4	165.1	164.9	1.5	1.5
VI - Western Visayas ^{a/}	197.4	197.0	196.6	191.3	0.4	3.0	164.3	164.0	162.9	162.3	0.9	1.0
VII - Central Visayas ^{b/}	187.6	187.0	185.6	186.8	1.1	0.1	155.1	154.8	152.5	151.8	1.7	2.0
VIII - Eastern Visayas	170.8	171.1	166.3	166.0	2.7	3.1	176.9	176.9	175.0	173.8	1.1	1.8
IX - Zamboanga Peninsula	164.0	165.4	172.8	173.5	-5.1	-4.7	186.9	186.1	182.2	181.7	2.6	2.4
X - Northern Mindanao	175.5	174.7	176.1	178.8	-0.3	-2.3	166.2	166.2	165.6	164.0	0.4	1.3
XI - Davao Region	177.2	179.6	173.4	174.0	2.2	3.2	165.2	164.5	158.6	158.5	4.2	3.8
XII - SOCCSKSARGEN	154.3	158.4	159.1	162.5	-3.0	-2.5	153.4	153.0	151.1	151.2	1.5	1.2
XIII - Caraga	193.7	196.3	199.6	200.3	-3.0	-2.0	151.6	151.6	151.0	150.8	0.4	0.5
ARMM - Autonomous Region in Muslim Mindanao	174.9	173.0	158.1	158.5	10.6	9.1	150.3	150.0	147.1	146.6	2.2	2.3
NIR - Negros Island Region ^{c/}	172.3	172.1	170.8	170.8	0.9	0.8	152.2	151.8	149.6	149.6	1.7	1.5

a/ - Excludes the province of Negros Occidental

b/ - Excludes the province of Negros Oriental

c/ - Consists of provinces of Negros Occidental and Negros Oriental

Table 10--Continued

AREA / REGION	MEAT						FISH					
	Jan-16	Dec-15	Jan-15	Dec-14	Inflation Rates (%)		Jan-16	Dec-15	Jan-15	Dec-14	Inflation Rates (%)	
					Current	Previous					Current	Previous
Philippines	139.5	139.1	138.4	138.0	0.8	0.8	169.1	166.1	163.6	159.4	3.4	4.2
NCR- National Capital Region	139.7	139.6	136.5	136.5	2.3	2.3	146.2	144.3	145.2	140.5	0.7	2.7
Areas Outside NCR	139.4	139.0	138.9	138.5	0.4	0.4	173.3	170.1	167.0	162.9	3.8	4.4
Regions:												
CAR - Cordillera Administrative Region	133.0	133.2	134.8	134.6	-1.3	-1.0	167.9	166.3	162.4	162.0	3.4	2.7
I - Ilocos Region	131.8	132.6	133.7	133.2	-1.4	-0.5	169.5	166.7	154.9	153.5	9.4	8.6
II - Cagayan Valley	139.7	139.2	139.9	140.1	-0.1	-0.6	160.9	161.8	152.8	152.3	5.3	6.2
III - Central Luzon	140.2	139.6	137.6	137.2	1.9	1.7	149.9	146.5	143.3	139.0	4.6	5.4
IV-A - CALABARZON	135.6	134.7	135.8	135.8	-0.1	-0.8	166.4	159.7	160.1	151.7	3.9	5.3
IV-B - MIMAROPA	144.6	144.4	143.4	142.8	0.8	1.1	180.2	175.5	166.0	159.9	8.6	9.8
V - Bicol Region	139.2	139.0	139.0	138.8	0.1	0.1	167.4	163.6	168.6	162.3	-0.7	0.8
VI - Western Visayas ^{a/}	138.9	138.8	140.6	139.8	-1.2	-0.7	182.0	178.6	172.3	167.1	5.6	6.9
VII - Central Visayas ^{b/}	147.1	146.5	143.1	142.6	2.8	2.7	181.7	178.9	178.5	180.1	1.8	-0.7
VIII - Eastern Visayas	141.2	140.9	142.4	141.8	-0.8	-0.6	185.4	184.2	183.3	179.4	1.1	2.7
IX - Zamboanga Peninsula	138.5	138.4	137.5	136.5	0.7	1.4	170.9	168.7	166.6	166.0	2.6	1.6
X - Northern Mindanao	138.3	137.7	139.8	139.6	-1.1	-1.4	171.8	170.9	172.1	169.4	-0.2	0.9
XI - Davao Region	146.5	145.5	144.1	143.7	1.7	1.3	189.6	183.1	179.4	178.9	5.7	2.3
XII - SOCCSKSARGEN	144.4	144.5	143.8	143.2	0.4	0.9	182.4	181.7	174.3	169.0	4.6	7.5
XIII - Caraga	143.4	143.3	143.1	142.0	0.2	0.9	196.4	193.2	182.0	172.4	7.9	12.1
ARMM - Autonomous Region in Muslim Mindanao	162.2	162.1	159.5	159.0	1.7	1.9	193.8	193.7	190.5	190.1	1.7	1.9
NIR - Negros Island Region ^{c/}	143.7	143.8	143.2	141.2	0.3	1.8	192.7	192.7	185.6	179.5	3.8	7.4

a/ - Excludes the province of Negros Occidental

b/ - Excludes the province of Negros Oriental

c/ - Consists of provinces of Negros Occidental and Negros Oriental

Table 10--Continued

AREA / REGION	MILK, CHEESE AND EGG						OILS AND FATS					
	Jan-16	Dec-15	Jan-15	Dec-14	Inflation Rates (%)		Jan-16	Dec-15	Jan-15	Dec-14	Inflation Rates (%)	
					Current	Previous					Current	Previous
Philippines	143.7	143.5	142.0	141.7	1.2	1.3	178.8	178.8	178.4	178.4	0.2	0.2
NCR- National Capital Region	140.2	140.2	140.1	140.1	0.1	0.1	197.0	197.5	196.3	196.7	0.4	0.4
Areas Outside NCR	144.6	144.3	142.5	142.1	1.5	1.5	174.6	174.5	174.3	174.2	0.2	0.2
Regions:												
CAR - Cordillera Administrative Region	136.4	136.1	133.4	133.2	2.2	2.2	180.5	180.3	177.6	177.6	1.6	1.5
I - Ilocos Region	140.4	139.9	137.8	137.4	1.9	1.8	155.3	155.3	154.8	154.8	0.3	0.3
II - Cagayan Valley	140.5	140.8	138.5	138.4	1.4	1.7	151.5	151.9	151.8	151.6	-0.2	0.2
III - Central Luzon	140.3	140.3	138.2	138.0	1.5	1.7	173.4	172.9	173.2	173.8	0.1	-0.5
IV-A - CALABARZON	144.3	144.3	143.5	143.0	0.6	0.9	188.9	189.4	188.5	188.2	0.2	0.6
IV-B - MIMAROPA	149.8	149.5	148.7	148.4	0.7	0.7	184.1	185.0	184.9	185.4	-0.4	-0.2
V - Bicol Region	143.7	143.2	141.8	141.5	1.3	1.2	167.2	166.8	164.1	164.3	1.9	1.5
VI - Western Visayas ^{a/}	137.8	137.3	136.9	136.5	0.7	0.6	188.2	187.8	195.5	195.7	-3.7	-4.0
VII - Central Visayas ^{b/}	147.2	146.9	144.5	144.6	1.9	1.6	173.2	173.2	171.2	171.2	1.2	1.2
VIII - Eastern Visayas	142.9	142.6	143.1	142.6	-0.1	0.0	190.4	188.9	189.6	189.9	0.4	-0.5
IX - Zamboanga Peninsula	156.6	157.0	155.5	155.3	0.7	1.1	171.8	171.9	174.4	173.8	-1.5	-1.1
X - Northern Mindanao	146.8	146.6	144.9	144.1	1.3	1.7	153.5	153.5	155.6	154.4	-1.3	-0.6
XI - Davao Region	148.6	148.3	143.2	142.9	3.8	3.8	196.3	195.7	194.7	193.9	0.8	0.9
XII - SOCCSKSARGEN	139.5	139.2	137.8	137.6	1.2	1.2	155.8	155.6	153.7	153.9	1.4	1.1
XIII - Caraga	149.1	149.2	144.7	143.4	3.0	4.0	177.1	177.1	177.0	176.4	0.1	0.4
ARMM - Autonomous Region in Muslim Mindanao	165.7	165.2	160.3	160.2	3.4	3.1	176.4	175.5	170.8	170.3	3.3	3.1
NIR - Negros Island Region ^{c/}	156.3	154.3	152.8	151.1	2.3	2.1	150.2	150.2	150.5	149.5	-0.2	0.5

a/ - Excludes the province of Negros Occidental

b/ - Excludes the province of Negros Oriental

c/ - Consists of provinces of Negros Occidental and Negros Oriental

Table 10--Continued

AREA / REGION	FRUITS						VEGETABLES					
	Jan-16	Dec-15	Jan-15	Dec-14	Inflation Rates (%)		Jan-16	Dec-15	Jan-15	Dec-14	Inflation Rates (%)	
					Current	Previous					Current	Previous
Philippines	178.8	176.6	173.0	170.7	3.4	3.5	182.6	177.5	163.2	158.5	11.9	12.0
NCR- National Capital Region	158.1	157.3	150.5	150.9	5.0	4.2	161.4	161.3	140.3	136.3	15.0	18.3
Areas Outside NCR	184.6	182.0	179.3	176.2	3.0	3.3	187.3	181.1	168.2	163.4	11.4	10.8
Regions:												
CAR - Cordillera Administrative Region	205.1	204.6	188.2	187.6	9.0	9.1	181.5	180.5	169.6	170.6	7.0	5.8
I - Ilocos Region	173.3	170.9	160.2	159.8	8.2	6.9	178.0	175.1	147.4	150.2	20.8	16.6
II - Cagayan Valley	190.6	185.1	185.2	174.0	2.9	6.4	208.2	192.6	179.5	173.9	16.0	10.8
III - Central Luzon	166.7	165.8	160.7	160.7	3.7	3.2	171.2	166.5	139.3	133.8	22.9	24.4
IV-A - CALABARZON	191.5	191.5	195.3	190.8	-1.9	0.4	193.2	177.4	155.8	145.7	24.0	21.8
IV-B - MIMAROPA	168.1	165.8	168.2	164.4	-0.1	0.9	191.7	182.3	166.5	164.7	15.1	10.7
V - Bicol Region	169.4	166.3	167.5	164.9	1.1	0.8	203.2	196.2	187.2	175.5	8.5	11.8
VI - Western Visayas ^{a/}	230.8	222.7	220.9	214.2	4.5	4.0	198.2	200.4	192.6	193.9	2.9	3.4
VII - Central Visayas ^{b/}	188.7	188.0	178.4	173.9	5.8	8.1	176.9	174.2	175.9	171.3	0.6	1.7
VIII - Eastern Visayas	187.8	187.7	177.9	174.5	5.6	7.6	179.2	177.3	177.4	174.5	1.0	1.6
IX - Zamboanga Peninsula	226.3	210.9	216.3	209.4	4.6	0.7	199.5	194.2	200.7	197.0	-0.6	-1.4
X - Northern Mindanao	170.3	168.8	163.0	158.4	4.5	6.6	187.1	187.3	182.5	178.4	2.5	5.0
XI - Davao Region	184.2	177.7	191.2	189.2	-3.7	-6.1	204.1	200.3	196.8	196.1	3.7	2.1
XII - SOCCSKSARGEN	158.1	156.0	154.7	154.0	2.2	1.3	160.6	158.2	153.4	151.7	4.7	4.3
XIII - Caraga	170.3	172.6	172.6	169.0	-1.3	2.1	212.4	210.4	193.9	179.9	9.5	17.0
ARMM - Autonomous Region in Muslim Mindanao	257.2	251.3	231.7	230.7	11.0	8.9	191.9	191.5	183.5	181.0	4.6	5.8
NIR - Negros Island Region ^{c/}	164.2	159.4	154.6	152.5	6.2	4.5	173.8	167.7	171.6	166.7	1.3	0.6

a/ - Excludes the province of Negros Occidental

b/ - Excludes the province of Negros Oriental

c/ - Consists of provinces of Negros Occidental and Negros Oriental

Table 10--Concluded

AREA / REGION	SUGAR, JAM, HONEY, CHOCOLATE AND CONFECTIONERY						FOOD PRODUCTS, N.E.C.					
	Jan-16	Dec-15	Jan-15	Dec-14	Inflation Rates (%)		Jan-16	Dec-15	Jan-15	Dec-14	Inflation Rates (%)	
					Current	Previous					Current	Previous
Philippines	141.6	140.7	134.1	134.1	5.6	4.9	160.9	160.1	156.2	156.3	3.0	2.4
NCR- National Capital Region	127.3	126.8	124.1	124.2	2.6	2.1	146.2	146.4	145.0	146.5	0.8	-0.1
Areas Outside NCR	144.2	143.2	135.9	135.9	6.1	5.4	164.3	163.3	158.8	158.5	3.5	3.0
Regions:												
CAR - Cordillera Administrative Region	135.4	134.8	133.2	133.4	1.7	1.0	174.3	173.9	173.1	172.2	0.7	1.0
I - Ilocos Region	140.9	140.2	133.3	131.9	5.7	6.3	140.5	140.5	136.2	138.8	3.2	1.2
II - Cagayan Valley	140.9	139.6	133.7	133.2	5.4	4.8	158.5	157.1	156.6	156.4	1.2	0.4
III - Central Luzon	142.5	142.1	135.3	135.8	5.3	4.6	171.7	171.9	169.3	169.8	1.4	1.2
IV-A - CALABARZON	148.3	146.7	138.9	138.0	6.8	6.3	162.0	156.8	155.2	152.7	4.4	2.7
IV-B - MIMAROPA	139.6	137.8	128.9	128.6	8.3	7.2	143.2	139.7	134.8	134.0	6.2	4.3
V - Bicol Region	139.4	138.2	130.8	130.9	6.6	5.6	168.7	170.0	161.9	161.4	4.2	5.3
VI - Western Visayas ^{a/}	139.7	138.4	134.8	135.2	3.6	2.4	170.5	170.3	155.9	157.5	9.4	8.1
VII - Central Visayas ^{b/}	145.0	142.8	137.2	137.1	5.7	4.2	156.5	157.7	155.3	154.4	0.8	2.1
VIII - Eastern Visayas	147.7	147.3	142.0	142.2	4.0	3.6	160.4	160.6	153.1	152.3	4.8	5.4
IX - Zamboanga Peninsula	135.8	136.2	129.9	131.2	4.5	3.8	178.5	176.8	172.8	173.5	3.3	1.9
X - Northern Mindanao	139.2	139.2	133.9	135.7	4.0	2.6	213.6	213.7	201.6	202.8	6.0	5.4
XI - Davao Region	148.1	147.3	135.0	135.1	9.7	9.0	157.8	158.8	150.8	150.3	4.6	5.7
XII - SOCCSKSARGEN	136.2	136.2	126.9	128.1	7.3	6.3	154.9	154.3	151.0	150.1	2.6	2.8
XIII - Caraga	139.9	139.7	129.1	129.7	8.4	7.7	169.5	170.3	168.9	168.5	0.4	1.1
ARMM - Autonomous Region in Muslim Mindanao	181.9	181.6	167.8	168.0	8.4	8.1	172.3	173.0	164.1	163.8	5.0	5.6
NIR - Negros Island Region ^{c/}	137.7	135.9	129.0	129.7	6.7	4.8	145.0	144.8	142.4	142.4	1.8	1.7

a/ - Excludes the province of Negros Occidental

b/ - Excludes the province of Negros Oriental

c/ - Consists of provinces of Negros Occidental and Negros Oriental