

Table 9. Regional Month-on-Month Inflation Rates of Selected Food Items, August and July 2005
(2000 = 100)

| Area and Region | C e r e a l s | | | | R i c e | | | | C o r n | | | |
|---|----------------|-------|---------|----------|----------------|-------|---------|----------|----------------|-------|---------|----------|
| | Percent Change | | | | Percent Change | | | | Percent Change | | | |
| | Aug | Jul | Current | Previous | Aug | Jul | Current | Previous | Aug | Jul | Current | Previous |
| Philippines | 119.0 | 118.1 | 0.8 | 0.9 | 118.5 | 117.3 | 1.0 | 1.0 | 124.8 | 127.5 | -2.1 | 0.2 |
| National Capital Region (NCR) | 108.7 | 108.8 | -0.1 | 0.1 | 108.7 | 108.8 | -0.1 | 0.1 | 111.3 | 109.4 | 1.7 | -1.2 |
| Areas Outside NCR | 120.5 | 119.4 | 0.9 | 0.9 | 120.0 | 118.6 | 1.2 | 1.1 | 125.0 | 127.8 | -2.2 | 0.2 |
| CAR - Cordillera Administrative Region | 118.6 | 118.2 | 0.3 | 1.1 | 118.6 | 118.2 | 0.3 | 1.1 | 118.8 | 119.2 | -0.3 | 2.4 |
| I - Ilocos | 121.5 | 121.2 | 0.2 | 0.7 | 121.7 | 121.4 | 0.2 | 0.7 | 107.2 | 107.2 | 0.0 | 0.2 |
| II - Cagayan Valley | 119.9 | 118.9 | 0.8 | 1.8 | 120.2 | 119.1 | 0.9 | 1.8 | 114.0 | 114.4 | -0.3 | 1.0 |
| III - Central Luzon | 111.4 | 111.1 | 0.3 | 0.3 | 110.5 | 110.3 | 0.2 | 0.4 | 174.2 | 172.4 | 1.0 | -0.2 |
| IV-a - Calabarzon | 107.7 | 107.4 | 0.3 | 0.4 | 107.6 | 107.3 | 0.3 | 0.4 | 117.4 | 115.5 | 1.6 | 1.8 |
| IV-b - Mimaropa | 128.4 | 124.5 | 3.1 | 3.9 | 128.5 | 124.6 | 3.1 | 4.0 | 115.1 | 115.6 | -0.4 | -0.5 |
| V - Bicol | 117.2 | 115.1 | 1.8 | 2.2 | 116.4 | 114.2 | 1.9 | 2.5 | 125.7 | 125.2 | 0.4 | 0.2 |
| VI - Western Visayas | 122.7 | 120.6 | 1.7 | 1.4 | 123.1 | 120.7 | 2.0 | 1.5 | 115.6 | 118.3 | -2.3 | -0.1 |
| VII - Central Visayas | 128.5 | 127.3 | 0.9 | -0.1 | 125.7 | 123.1 | 2.1 | -0.1 | 134.2 | 136.1 | -1.4 | 0.1 |
| VIII - Eastern Visayas | 123.0 | 119.0 | 3.4 | 0.6 | 123.8 | 119.7 | 3.4 | 0.6 | 107.4 | 105.3 | 2.0 | -0.6 |
| IX - Western Mindanao | 118.4 | 118.7 | -0.3 | 0.8 | 121.0 | 120.0 | 0.8 | 0.6 | 112.4 | 115.6 | -2.8 | 1.4 |
| X - Northern Mindanao | 126.1 | 127.1 | -0.8 | 0.9 | 125.6 | 124.9 | 0.6 | 1.5 | 127.3 | 132.3 | -3.8 | -0.8 |
| XI - Southern Mindanao | 126.5 | 127.3 | -0.6 | 0.4 | 128.9 | 127.8 | 0.9 | 0.6 | 117.8 | 125.6 | -6.2 | 0.0 |
| XII - Central Mindanao | 128.7 | 126.7 | 1.6 | 1.1 | 128.9 | 126.5 | 1.9 | 1.2 | 126.7 | 128.6 | -1.5 | 0.0 |
| XIII - Caraga | 129.2 | 127.8 | 1.1 | 0.9 | 130.0 | 128.2 | 1.4 | 0.9 | 122.2 | 123.8 | -1.3 | 1.6 |
| ARMM - Autonomous Region in Muslim Mindanao | 130.1 | 129.2 | 0.7 | 0.8 | 129.4 | 128.5 | 0.7 | 0.8 | 162.4 | 161.8 | 0.4 | 1.3 |

Table 9. (Continued)

| Area and Region | Cereal Preparations | | | | Dairy Products | | | | E g g s | | | |
|--|---------------------|-------|---------|----------|----------------|-------|---------|----------|----------------|-------|---------|----------|
| | Percent Change | | | | Percent Change | | | | Percent Change | | | |
| | Aug | Jul | Current | Previous | Aug | Jul | Current | Previous | Aug | Jul | Current | Previous |
| Philippines | 134.4 | 133.9 | 0.4 | 0.5 | 144.3 | 143.9 | 0.3 | 0.3 | 119.9 | 119.2 | 0.6 | 1.5 |
| National Capital Region (NCR) | 145.1 | 144.6 | 0.3 | 0.7 | 144.7 | 144.4 | 0.2 | 0.5 | 120.4 | 119.0 | 1.2 | 4.8 |
| Areas Outside NCR | 130.7 | 130.2 | 0.4 | 0.4 | 144.1 | 143.7 | 0.3 | 0.3 | 119.7 | 119.2 | 0.4 | 0.5 |
| CAR - Cordillera Administrative Region | 127.3 | 126.2 | 0.9 | 0.5 | 148.7 | 148.1 | 0.4 | 0.1 | 116.5 | 116.5 | 0.0 | 0.6 |
| I - Ilocos | 165.4 | 163.2 | 1.3 | 0.6 | 166.4 | 166.1 | 0.2 | 0.7 | 121.6 | 121.5 | 0.1 | 0.7 |
| II - Cagayan Valley | 117.2 | 117.1 | 0.1 | 0.2 | 138.6 | 138.5 | 0.1 | 0.4 | 123.2 | 123.0 | 0.2 | 0.0 |
| III - Central Luzon | 131.4 | 131.3 | 0.1 | 0.2 | 145.2 | 144.8 | 0.3 | 0.0 | 118.3 | 118.2 | 0.1 | 0.3 |

| | | | | | | | | | | | | | | |
|------|---|---|-------|-------|-----|-----|-------|-------|-----|-----|-------|-------|------|------|
| IV-a | - | Calabarzon | 129.1 | 128.7 | 0.3 | 0.3 | 140.5 | 140.3 | 0.1 | 0.2 | 110.7 | 110.7 | 0.0 | 0.0 |
| IV-b | - | Mimaropa | 121.6 | 121.4 | 0.2 | 0.2 | 142.4 | 141.4 | 0.7 | 0.0 | 116.1 | 114.9 | 1.0 | 0.7 |
| V | - | Bicol | 127.2 | 126.9 | 0.2 | 0.7 | 144.2 | 143.5 | 0.5 | 0.6 | 121.6 | 120.8 | 0.7 | 1.6 |
| VI | - | Western Visayas | 121.9 | 121.7 | 0.2 | 0.5 | 132.9 | 132.6 | 0.2 | 0.4 | 112.4 | 113.3 | -0.8 | 0.4 |
| VII | - | Central Visayas | 126.0 | 125.2 | 0.6 | 0.4 | 149.3 | 149.2 | 0.1 | 0.5 | 120.1 | 119.1 | 0.8 | 0.6 |
| VIII | - | Eastern Visayas | 130.9 | 130.6 | 0.2 | 0.0 | 142.5 | 142.1 | 0.3 | 0.1 | 122.0 | 121.3 | 0.6 | -0.1 |
| IX | - | Western Mindanao | 133.3 | 132.5 | 0.6 | 0.8 | 150.8 | 150.6 | 0.1 | 0.8 | 126.2 | 125.3 | 0.7 | 0.5 |
| X | - | Northern Mindanao | 131.9 | 130.9 | 0.8 | 0.3 | 143.3 | 142.7 | 0.4 | 0.1 | 133.1 | 131.5 | 1.2 | 1.2 |
| XI | - | Southern Mindanao | 137.2 | 136.8 | 0.3 | 0.5 | 141.4 | 140.4 | 0.7 | 0.0 | 133.2 | 130.8 | 1.8 | 0.7 |
| XII | - | Central Mindanao | 130.8 | 130.2 | 0.5 | 0.3 | 139.5 | 139.2 | 0.2 | 0.3 | 125.9 | 124.8 | 0.9 | 0.9 |
| XIII | - | Caraga | 130.4 | 130.0 | 0.3 | 0.4 | 146.4 | 146.2 | 0.1 | 0.1 | 119.5 | 118.9 | 0.5 | 1.0 |
| ARMM | - | Autonomous Region in Muslim Mindanao | 131.1 | 130.5 | 0.5 | 0.0 | 144.6 | 144.5 | 0.1 | 1.9 | 134.3 | 131.4 | 2.2 | 1.3 |

Table 9 (continued)

| Area and Region | F i s h | | | | Fruits and Vegetables | | | | M e a t | | | |
|--|----------------|--------------|-------------|------------|-----------------------|--------------|------------|-------------|----------------|--------------|-------------|-------------|
| | Percent Change | | | | Percent Change | | | | Percent Change | | | |
| | Aug | Jul | Current | Previous | Aug | Jul | Current | Previous | Aug | Jul | Current | Previous |
| Philippines | 126.2 | 126.7 | -0.4 | 0.1 | 115.9 | 113.7 | 1.9 | 0.7 | 129.8 | 129.7 | 0.1 | 0.1 |
| National Capital Region (NCR) | 114.2 | 117.6 | -2.9 | 0.5 | 103.4 | 100.5 | 2.9 | -1.1 | 128.6 | 129.1 | -0.4 | -0.6 |
| Areas Outside NCR | 129.2 | 129.0 | 0.2 | 0.0 | 120.4 | 118.5 | 1.6 | 1.3 | 130.3 | 130.0 | 0.2 | 0.4 |
| CAR - Cordillera Administrative Region | 116.4 | 116.2 | 0.2 | -0.1 | 132.4 | 130.5 | 1.5 | 4.2 | 128.2 | 127.1 | 0.9 | -0.2 |
| I - Ilocos | 127.9 | 129.0 | -0.9 | 1.7 | 108.8 | 107.7 | 1.0 | 3.0 | 136.1 | 135.9 | 0.1 | -0.1 |
| II - Cagayan Valley | 124.5 | 123.3 | 1.0 | 0.5 | 119.2 | 116.6 | 2.2 | 2.8 | 129.3 | 129.3 | 0.0 | 0.5 |
| III - Central Luzon | 123.5 | 124.3 | -0.6 | -0.4 | 115.8 | 114.0 | 1.6 | 1.2 | 130.7 | 130.3 | 0.3 | 0.1 |
| IV-a - Calabarzon | 129.3 | 128.7 | 0.5 | -1.8 | 110.4 | 107.8 | 2.4 | 1.0 | 128.6 | 128.3 | 0.2 | 0.9 |
| IV-b - Mimaropa | 121.3 | 124.2 | -2.3 | 0.6 | 118.7 | 117.0 | 1.5 | 1.3 | 127.3 | 127.1 | 0.2 | 0.0 |
| V - Bicol | 126.8 | 126.2 | 0.5 | 0.6 | 112.7 | 111.2 | 1.3 | 0.5 | 131.1 | 130.6 | 0.4 | 0.5 |
| VI - Western Visayas | 125.5 | 125.3 | 0.2 | 0.3 | 120.1 | 118.7 | 1.2 | 0.5 | 127.1 | 127.4 | -0.2 | 0.3 |
| VII - Central Visayas | 144.1 | 142.8 | 0.9 | 1.3 | 143.9 | 140.5 | 2.4 | 3.0 | 133.0 | 131.6 | 1.1 | 0.7 |
| VIII - Eastern Visayas | 128.7 | 127.5 | 0.9 | -1.1 | 120.6 | 119.7 | 0.8 | 0.7 | 127.5 | 126.7 | 0.6 | 0.6 |
| IX - Western Mindanao | 122.2 | 122.4 | -0.2 | 0.2 | 137.0 | 132.0 | 3.8 | 2.1 | 130.3 | 129.2 | 0.9 | 0.8 |
| X - Northern Mindanao | 131.6 | 130.5 | 0.8 | -0.3 | 126.2 | 124.8 | 1.1 | 1.0 | 129.6 | 129.8 | -0.2 | -0.5 |
| XI - Southern Mindanao | 136.7 | 139.5 | -2.0 | 0.4 | 127.2 | 127.4 | -0.2 | -1.1 | 129.8 | 130.1 | -0.2 | 0.1 |
| XII - Central Mindanao | 128.0 | 125.3 | 2.2 | 0.0 | 122.9 | 120.0 | 2.4 | 0.8 | 135.4 | 135.1 | 0.2 | 0.0 |
| XIII - Caraga | 135.2 | 134.7 | 0.4 | 0.1 | 121.9 | 120.1 | 1.5 | -0.2 | 128.0 | 127.6 | 0.3 | 0.3 |
| ARMM - Autonomous Region in Muslim Mindanao | 139.5 | 138.3 | 0.9 | 0.9 | 137.6 | 136.8 | 0.6 | -0.4 | 145.7 | 145.5 | 0.1 | 0.3 |

Table 9 (concluded)

| Area and Region | Miscellaneous Foods | | Meals Eaten Outside | |
|-----------------|---------------------|--|---------------------|--|
| | Percent Change | | Percent Change | |
| | | | | |

| | Aug | Jul | Current | Previous | Aug | Jul | Current | Previous |
|---|--------------|--------------|------------|------------|--------------|--------------|------------|------------|
| Philippines | 124.5 | 124.0 | 0.4 | 1.3 | 123.6 | 123.4 | 0.2 | 1.6 |
| National Capital Region (NCR) | 121.6 | 121.4 | 0.2 | 2.9 | 119.6 | 119.6 | 0.0 | 3.8 |
| Areas Outside NCR | 125.8 | 125.2 | 0.5 | 0.7 | 126.0 | 125.6 | 0.3 | 0.4 |
| CAR - Cordillera Administrative Region | 116.1 | 115.2 | 0.8 | 0.3 | 109.1 | 108.5 | 0.6 | 0.3 |
| I - Ilocos | 133.0 | 132.5 | 0.4 | 0.5 | 131.1 | 130.4 | 0.5 | 0.0 |
| II - Cagayan Valley | 139.7 | 139.3 | 0.3 | 0.4 | 169.5 | 169.5 | 0.0 | 0.2 |
| III - Central Luzon | 125.6 | 124.9 | 0.6 | 1.0 | 124.5 | 123.4 | 0.9 | 0.7 |
| IV-a - Calabarzon | 116.5 | 116.4 | 0.1 | 0.3 | 115.9 | 115.9 | 0.0 | 0.2 |
| IV-b - Mimaropa | 124.2 | 123.2 | 0.8 | 1.1 | 126.7 | 126.7 | 0.0 | 0.9 |
| V - Bicol | 132.1 | 130.9 | 0.9 | 1.4 | 139.5 | 138.8 | 0.5 | 0.4 |
| VI - Western Visayas | 124.6 | 124.4 | 0.2 | 0.8 | 126.3 | 126.3 | 0.0 | 0.3 |
| VII - Central Visayas | 143.1 | 142.5 | 0.4 | 0.6 | 154.6 | 154.5 | 0.1 | 0.1 |
| VIII - Eastern Visayas | 119.5 | 119.1 | 0.3 | 0.6 | 119.4 | 119.3 | 0.1 | 0.3 |
| IX - Western Mindanao | 127.6 | 126.5 | 0.9 | 0.6 | 130.6 | 130.3 | 0.2 | 0.0 |
| X - Northern Mindanao | 122.7 | 121.7 | 0.8 | 1.4 | 115.1 | 114.5 | 0.5 | 0.2 |
| XI - Southern Mindanao | 135.1 | 134.1 | 0.7 | 1.1 | 129.1 | 128.0 | 0.9 | 2.2 |
| XII - Central Mindanao | 126.7 | 125.4 | 1.0 | 0.8 | 121.2 | 120.3 | 0.7 | 0.7 |
| XIII - Caraga | 130.5 | 129.9 | 0.5 | 1.3 | 139.9 | 139.5 | 0.3 | 0.0 |
| ARMM - Autonomous Region in Muslim Mindanao | 131.9 | 130.7 | 0.9 | 0.4 | 159.3 | 154.9 | 2.8 | 0.4 |

Source: National Statistics Office

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