

Table 10. Regional Year-on-Year Inflation Rates of Selected Food Items, January 2005 and 2004, December 2004 and 2003  
(2000 = 100)

Area/Region	C e r e a l s						R i c e					
	Jan-05	Dec-04	Jan-04	Dec-03	Inflation Rates(%)		Jan-05	Dec-04	Jan-04	Dec-03	Inflation Rates(%)	
					Current	Previous					Current	Previous
Philippines	110.5	110.0	105.2	105.0	5.0	4.8	109.4	108.9	104.9	104.7	4.3	4.0
National Capital Region (NCR)	103.5	104.1	103.4	103.4	0.1	0.7	103.5	104.1	103.4	103.5	0.1	0.6
Areas Outside NCR	111.5	110.8	105.4	105.2	5.8	5.3	110.3	109.7	105.1	104.9	4.9	4.6
CAR - Cordillera Administrative Region	107.4	106.5	101.7	103.7	5.6	2.7	107.3	106.5	101.6	103.6	5.6	2.8
I - Ilocos	109.1	108.2	103.2	103.8	5.7	4.2	109.2	108.2	103.2	103.8	5.8	4.2
II - Cagayan Valley	114.3	114.1	106.4	106.9	7.4	6.7	114.3	114.1	106.4	107.0	7.4	6.6
III - Central Luzon	107.2	106.5	105.6	104.7	1.5	1.7	106.3	105.7	105.1	104.2	1.1	1.4
IV-a - Calabarzon	106.0	105.9	104.1	104.1	1.8	1.7	105.9	105.8	104.1	104.1	1.7	1.6
IV-b - Mimaropa	109.2	109.9	106.6	108.6	2.4	1.2	109.2	109.9	106.6	108.6	2.4	1.2
V - Bicol	108.3	108.5	105.9	105.2	2.3	3.1	106.7	106.8	105.1	104.3	1.5	2.4
VI - Western Visayas	105.1	104.4	101.5	101.7	3.5	2.7	104.2	103.6	100.8	101.1	3.4	2.5
VII - Central Visayas	122.1	122.0	112.0	112.5	9.0	8.4	117.3	117.1	112.6	113.1	4.2	3.5
VIII - Eastern Visayas	114.4	114.2	106.6	106.5	7.3	7.2	115.0	114.8	107.1	107.1	7.4	7.2
IX - Western Mindanao	111.4	111.0	101.9	102.7	9.3	8.1	113.4	113.0	102.3	103.8	10.9	8.9
X - Northern Mindanao	118.2	117.5	107.6	106.7	9.9	10.1	116.9	116.2	107.9	107.6	8.3	8.0
XI - Southern Mindanao	116.6	114.6	107.2	106.5	8.8	7.6	116.0	113.8	106.3	105.1	9.1	8.3
XII - Central Mindanao	112.5	109.9	105.0	103.9	7.1	5.8	111.7	108.6	105.1	104.1	6.3	4.3
XIII - Caraga	121.6	120.7	106.8	105.6r	13.9	14.3	122.3	121.3	107.6	106.5	13.7	13.9
ARMM - Autonomous Region in Muslim Mindanao	117.5	116.1	103.8	101.4	13.2	14.5	117.0	115.5	103.7	101.2	12.8	14.1

Table 10 (continued)

Area and Region	C o r n						Cereal Preparations					
	Jan-05	Dec-04	Jan-04	Dec-03	Inflation Rates(%)		Jan-05	Dec-04	Jan-04	Dec-03	Inflation Rates(%)	
					Current	Previous					Current	Previous
Philippines	121.7	121.5	108.3	107.7	12.4	12.8	129.1	128.1	118.1	117.3	9.3	9.2
National Capital Region (NCR)	107.2	107.4	99.3	98.1	8.0	9.5	139.3	138.1	126.0	125.5	10.6	10.0

<b>Areas Outside NCR</b>	<b>122.0</b>	<b>121.8</b>	<b>108.5</b>	<b>107.9</b>	<b>12.4</b>	<b>12.9</b>	<b>125.5</b>	<b>124.6</b>	<b>115.3</b>	<b>114.4</b>	<b>8.8</b>	<b>8.9</b>
CAR - Cordillera Administrative Region	114.3	109.5	110.3	110.3	3.6	-0.7	119.5	117.5	108.8	107.8	9.8	9.0
I - Ilocos	104.5	105.8	104.2	101.9	0.3	3.8	154.0	153.0	139.9	139.3	10.1	9.8
II - Cagayan Valley	113.3	113.4	106.6	105.3	6.3	7.7	115.6	115.5	109.8	109.8	5.3	5.2
III - Central Luzon	170.2	164.3	143.4	141.3	18.7	16.3	127.3	126.2	112.7	111.7	13.0	13.0
IV-a - Calabarzon	115.2	115.2	108.3	105.8	6.4	8.9	124.5	123.5	115.0	113.0	8.3	9.3
IV-b - Mimaropa	113.0	113.0	108.3	106.9	4.3	5.7	119.7	119.2	113.1	112.0	5.8	6.4
V - Bicol	125.0	127.1	114.3	114.5	9.4	11.0	123.2	122.8	112.9	112.3	9.1	9.3
VI - Western Visayas	121.1	119.6	114.1	113.8	6.1	5.1	118.9	117.0	112.2	111.8	6.0	4.7
VII - Central Visayas	131.9	132.2	110.7	111.4	19.2	18.7	120.6	120.6	114.9	115.0	5.0	4.9
VIII - Eastern Visayas	103.6	103.6	96.6	96.0	7.2	7.9	126.9	126.4	117.8	114.6	7.7	10.3
IX - Western Mindanao	106.8	106.4	101.0	100.3	5.7	6.1	122.7	121.3	113.5	113.2	8.1	7.2
X - Northern Mindanao	121.3	120.7	107.0	104.5	13.4	15.5	126.8	126.6	115.1r	114.3	10.2	10.8
XI - Southern Mindanao	118.9	117.6	110.6	111.4	7.5	5.6	130.3	128.8	113.8	113.8	14.5	13.2
XII - Central Mindanao	120.0	121.9	104.3	101.6	15.1	20.0	125.0	124.5	115.1	114.7	8.6	8.5
XIII - Caraga	114.8	114.8	99.5	96.8r	15.4	18.6	123.9	123.3	114.9r	115.6r	7.8	6.7
ARMM - Autonomous Region in Muslim Mindanao	142.2	142.8	109.9	109.9	29.4	29.9	124.0	123.2	115.9	115.7	7.0	6.5

Table 10 (continued)

Area and Region	Dairy Products				Inflation Rates(%)		E g g s				Inflation Rates(%)	
	Jan-05	Dec-04	Jan-04	Dec-03	Current	Previous	Jan-05	Dec-04	Jan-04	Dec-03	Current	Previous
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<b>Philippines</b>	<b>136.6</b>	<b>136.1</b>	<b>123.7</b>	<b>123.3</b>	<b>10.4</b>	<b>10.4</b>	<b>117.9</b>	<b>117.5</b>	<b>111.8</b>	<b>110.1</b>	<b>5.5</b>	<b>6.7</b>
<b>National Capital Region (NCR)</b>	<b>135.8</b>	<b>135.4</b>	<b>124.7</b>	<b>124.4</b>	<b>8.9</b>	<b>8.8</b>	<b>120.5</b>	<b>119.5</b>	<b>117.2</b>	<b>113.0</b>	<b>2.8</b>	<b>5.8</b>
<b>Areas Outside NCR</b>	<b>136.9</b>	<b>136.4</b>	<b>123.3</b>	<b>122.9</b>	<b>11.0</b>	<b>11.0</b>	<b>117.1</b>	<b>116.9</b>	<b>110.1</b>	<b>109.2</b>	<b>6.4</b>	<b>7.1</b>
CAR - Cordillera Administrative Region	139.4	137.9	125.2	125.2	11.3	10.1	115.3	115.2	111.1	108.9	3.8	5.8
I - Ilocos	157.4	157.0	139.5	139.2	12.8	12.8	119.5	118.8	105.5	106.7	13.3	11.3
II - Cagayan Valley	131.2	131.2	124.9	123.7	5.0	6.1	123.2	123.2	117.3	117.5	5.0	4.9
III - Central Luzon	137.5	137.4	123.3	123.0	11.5	11.7	113.6	113.8	107.9	107.3	5.3	6.1
IV-a - Calabarzon	133.4	133.2	120.5	120.3	10.7	10.7	109.6	109.4	105.0	104.1	4.4	5.1
IV-b - Mimaropa	134.4	134.0	125.2	124.8	7.3	7.4	111.6	113.5	110.5	110.3	1.0	2.9
V - Bicol	135.9	135.2	125.0	124.2	8.7	8.9	118.6	118.1	114.1	112.0	3.9	5.4
VI - Western Visayas	127.5	126.7	111.6	111.1	14.2	14.0	109.6	109.1	105.2	104.2	4.2	4.7
VII - Central Visayas	144.3	144.1	134.8	134.7	7.0	7.0	119.9	120.4	112.0	109.6	7.1	9.9

VIII - Eastern Visayas	136.2	135.6	123.5	123.0	10.3	10.2	122.6	120.7	114.4	114.1	7.2	5.8
IX - Western Mindanao	143.8	143.2	121.1	120.5	18.7	18.8	123.2	122.2	116.8	116.3	5.5	5.1
X - Northern Mindanao	134.5	134.3	120.4	120.4	11.7	11.5	130.5	131.0	119.3	118.8	9.4	10.3
XI - Southern Mindanao	134.5	133.8	114.9	114.4	17.1	17.0	127.8	125.9	112.3	110.9	13.8	13.5
XII - Central Mindanao	132.7	132.6	122.1	122.0	8.7	8.7	123.9	123.1	111.8	110.8	10.8	11.1
XIII - Caraga	140.5	137.6	124.0	124.0	13.3	11.0	118.3	116.7	112.1	107.8	5.5	8.3
ARMM - Autonomous Region in Muslim Mindanao	136.4	134.2	124.0	123.8	10.0	8.4	127.4	127.5	119.5	117.6	6.6	8.4

Table 10 (continued)

Area and Region	F i s h						Fruits and Vegetables					
					Inflation Rates(%)						Inflation Rates(%)	
	Jan-05	Dec-04	Jan-04	Dec-03	Current	Previous	Jan-05	Dec-04	Jan-04	Dec-03	Current	Previous
<b>Philippines</b>	<b>126.0</b>	<b>123.4</b>	<b>115.6</b>	<b>112.0</b>	<b>9.0</b>	<b>10.2</b>	<b>118.9</b>	<b>119.4</b>	<b>108.4</b>	<b>108.4</b>	<b>9.7</b>	<b>10.1</b>
<b>National Capital Region (NCR)</b>	<b>119.9</b>	<b>117.0</b>	<b>108.7</b>	<b>104.8</b>	<b>10.3</b>	<b>11.6</b>	<b>107.0</b>	<b>113.9</b>	<b>94.5</b>	<b>100.2</b>	<b>13.2</b>	<b>13.7</b>
<b>Areas Outside NCR</b>	<b>127.5</b>	<b>125.0</b>	<b>117.3</b>	<b>113.8</b>	<b>8.7</b>	<b>9.8</b>	<b>123.1</b>	<b>121.4</b>	<b>113.4</b>	<b>111.4</b>	<b>8.6</b>	<b>9.0</b>
CAR - Cordillera Administrative Region	114.6	112.2	107.7	103.5	6.4	8.4	139.1	134.7	116.5	122.1	19.4	10.3
I - Ilocos	124.6	122.6	115.8	114.3	7.6	7.3	116.0	114.2	103.0	106.1	12.6	7.6
II - Cagayan Valley	120.8	120.5	113.4	112.7	6.5	6.9	123.7	118.5	108.5	111.2	14.0	6.6
III - Central Luzon	124.8	120.2	117.6	109.6	6.1	9.7	125.0	121.2	111.3	105.5	12.3	14.9
IV-a - Calabarzon	128.7	125.9	121.8	118.9	5.7	5.9	114.2	112.9	108.2	107.8	5.5	4.7
IV-b - Mimaropa	122.7	120.6	110.4	109.2	11.1	10.4	120.7	119.1	111.2	110.6	8.5	7.7
V - Bicol	127.4	125.7	113.8	111.1	12.0	13.1	119.1	117.3	109.3	108.1	9.0	8.5
VI - Western Visayas	120.8	119.0	112.3	108.5	7.6	9.7	122.4	123.0	117.2	115.4	4.4	6.6
VII - Central Visayas	139.7	138.0	126.4	124.9	10.5	10.5	136.9	138.8	125.6	124.3	9.0	11.7
VIII - Eastern Visayas	125.0	123.9	112.8	110.6	10.8	12.0	121.0	120.7	114.3	112.6	5.9	7.2
IX - Western Mindanao	126.4	119.9	111.7	107.2	13.2	11.8	132.2	131.4	124.4	121.6	6.3	8.1
X - Northern Mindanao	129.6	127.9	117.2	114.4	10.6	11.8	123.6	122.6	119.8	114.3	3.2	7.3
XI - Southern Mindanao	132.8	130.7	120.5	113.9	10.2	14.7	129.8	129.6	121.3	111.6	7.0	16.1
XII - Central Mindanao	124.2	122.2	114.3	111.6	8.7	9.5	122.0	118.7	111.5	106.5	9.4	11.5
XIII - Caraga	134.4	132.1	122.7r	116.9r	9.5	13.0	118.4	115.1	109.9	104.1	7.7	10.6
ARMM - Autonomous Region in Muslim Mindanao	135.7	130.0	120.3	120.3	12.8	8.1	132.5	130.1	123.9	122.6	6.9	6.1

Table 10 (continued)

Area and Region	M e a t						Miscellaneous Foods					
					Inflation Rates(%)						Inflation Rates(%)	
	Jan-05	Dec-04	Jan-04	Dec-03	Current	Previous	Jan-05	Dec-04	Jan-04	Dec-03	Current	Previous
Philippines	127.0	126.0	115.8	110.3	9.7	14.2	120.1	119.0	113.3	113.0r	6.0	5.3
National Capital Region (NCR)	125.7	125.9	119.5	113.1	5.2	11.3	117.4	117.3	114.1	113.5	2.9	3.3
Areas Outside NCR	127.6	126.1	114.2	109.1	11.7	15.6	121.3	119.8	113.0	112.8r	7.3	6.2
CAR - Cordillera Administrative Region	125.2	124.4	110.5	107.3	13.3	15.9	112.5	112.2	107.1	106.6	5.0	5.3
I - Ilocos	133.8	132.8	115.1	111.0	16.2	19.6	129.2	122.4	113.6	113.1	13.7	8.2
II - Cagayan Valley	125.9	124.1	109.0	106.5	15.5	16.5	136.7	136.5	126.1	126.0	8.4	8.3
III - Central Luzon	129.4	126.4	118.7	109.6	9.0	15.3	121.6	117.7	110.9	110.1	9.6	6.9
IV-a - Calabarzon	125.5	123.8	115.0	108.2	9.1	14.4	114.0	113.4	109.0	108.9	4.6	4.1
IV-b - Mimaropa	125.5	125.5	111.0	109.6	13.1	14.5	119.0	118.2	110.7	110.6	7.5	6.9
V - Bicol	127.0	127.0	112.4	111.2	13.0	14.2	126.0	125.6	117.6	116.9	7.1	7.4
VI - Western Visayas	123.8	122.3	111.1	107.2	11.4	14.1	120.0	118.1	112.8	112.8	6.4	4.7
VII - Central Visayas	128.8	126.9	113.3	112.4	13.7	12.9	134.2	134.1	129.0	129.1	4.0	3.9
VIII - Eastern Visayas	123.7	123.5	111.7	108.5	10.7	13.8	115.2	114.8	109.7	109.6	5.0	4.7
IX - Western Mindanao	126.7	127.1	112.0	108.7	13.1	16.9	120.8	120.4	110.7	110.0	9.1	9.5
X - Northern Mindanao	126.9	126.3	110.5	108.9	14.8	16.0	116.0	116.1	109.6r	110.4r	5.8	5.2
XI - Southern Mindanao	127.6	127.3	113.9	107.4	12.0	18.5	129.2	129.1	113.9	113.9	13.4	13.3
XII - Central Mindanao	133.0	132.0	113.6	110.2	17.1	19.8	121.2	120.8	112.3	111.5	7.9	8.3
XIII - Caraga	126.8	126.3	112.9	109.6	12.3	15.2	123.3	123.7	111.4	111.0r	10.7	11.4
ARMM - Autonomous Region in Muslim Mindanao	143.5	139.7	122.9	116.3	16.8	20.1	124.2	123.7	115.8	115.8	7.3	6.8

Table 10 (concluded)

Area and Region	Meals Eaten Outside				Inflation Rates(%)	
					Current Previous	
	Jan-05	Dec-04	Jan-04	Dec-03	Current	Previous
Philippines	119.6	118.5	115.0	114.6	4.0	3.4
National Capital Region (NCR)	115.2	115.2	114.4	113.8	0.7	1.2
Areas Outside NCR	122.2	120.5	115.4	115.1	5.9	4.7
CAR - Cordillera Administrative						

Region	107.5	107.5	102.7	102.7	4.7	4.7
I - Ilocos	126.1	124.8	118.2	117.3	6.7	6.4
II - Cagayan Valley	168.2	168.2	149.6	149.6	12.4	12.4
III - Central Luzon	121.0	115.5	111.1	110.5	8.9	4.5
IV-a - Calabarzon	113.5	112.8	109.1	108.9	4.1	3.5
IV-b - Mimaropa	123.8	121.9	114.7	114.4	8.0	6.6
V - Bicol	135.6	135.1	129.4	128.8	4.8	4.9
VI - Western Visayas	123.1	119.9	116.4	116.4	5.8	3.0
VII - Central Visayas	143.9	143.9	140.3	140.3	2.5	2.5
VIII - Eastern Visayas	115.4	115.3	109.5	109.3	5.4	5.5
IX - Western Mindanao	123.6	123.4	118.5	118.2	4.3	4.4
X - Northern Mindanao	112.4	112.3	106.3	107.2	5.7	4.8
XI - Southern Mindanao	123.9	123.9	116.3	116.2	6.5	6.7
XII - Central Mindanao	119.4	118.9	109.1	108.6	9.4	9.5
XIII - Caraga	136.5	136.5	117.5	117.5	16.2	16.2
ARMM - Autonomous Region in Muslim Mindanao	142.7	140.3	129.9	126.7	9.9	10.8

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*Source:* **Economic Indices and Indicators Division  
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